

It's All For You!:

The Week Ahead



Stress Management

- on the job
- Tuesday, February 28 10—11 a.m. Bldg. 7200 Free and open to all

639-7935 ALL

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	Fri Feb 10	Sat Feb 11	Sun Feb 12	Mon Feb 13	Tue Feb 14	Wed Feb 15	Thur Feb 16
	Tonight's Movie The Family Stone PG13 7 p.m. 639-5166 ALL Mongolian Barbeque At the O' Club All Hands 6 p.m. 639-5234 ALL	Sweethearts (Scotch Doubles) Bowling Tournament 2 p.m. \$10 per couple 639-5233 ALL Tonight's Movies Fun With Dick and Jane PG13 7 p.m. 639-5166 ALL			Playmorning 9:30-10:30 a.m. Base Chapel Annex 639-5199 ALL Special Valentine's Day BINGO 1 free game when you bring your sweetheart. 639-5227 ALL Valentine Gifts at ITT 639-8177 ALL	Tonight's Movie Rumor Has It PG13 7 p.m. 639-5166 ALL	Welcome Aboard 8 a.m. Bldg. 7200 639-5278 ALL



Nutrition Forum Wednesday, Feb. 22

> 11 a.m. **Fitness** Center

Nutrition Information

Question & Answer Session

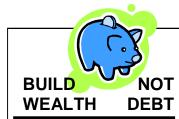
FREE

639-6234

ALL

A representative from the Georgia Department of Labor will be on base soon to answer your employment questions.

Wednesday, Feb. 22; 10:30 a.m.—12 p.m.; Exchange Lobby; Call 639-5426 for information.



Wednesday, Feb. 22 9—11 a.m. Bldg. 7200 **FREE**

Learn how to save, invest, and become debt-free!

Call 639-5279 to register or for more information. ALL

JJJJJJJJJJJJJJJJJJJ Mardi Gras Party

Friday, February 24 • O' Club Fun starts at 5:30, Dinner at 6:30 Dixieland Band, Prizes for Best Dressed \$10 members; \$12 non-members

• Jambalaya, Crawfish Boil, Red Beans & Rice, French Bread, King's Cake • Open to all members and eligible patrons

Please RSVP to 639-5234. Childcare available at the CDC. \$3 per hour per child. Call 639-5199 for childcare

information.

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Special Winter Rental Packages At Outdoor **Adventures**

> Package #1 15 x 15 canopy 1 large grill 1 horseshoe set 1 table 10 chairs **\$24**

Package #2 2 15 x 15 canopies 2 large grills 1 horseshoe set 3 tables 30 chairs \$80

Packages available through March 31. Call 639-5241. ALL

Package #3 1 Bouncer 15 x 15 canopy 2 tables 20 chairs 1 cooler **\$70**

ELIGIBILITY LEGEND

ALL Open to all Active Duty, Retirees, DoD Civilians, Contractors, Reservists and their family members

- AD Active Duty and their family members
- Retirees and their family members
- C DoD civilians and their family members
- Contractors and their family members
- Reservists and their family members

MCCS Marketing Hotline 639-5268 MCCS Web site www.ala.usmc.mil/mccs